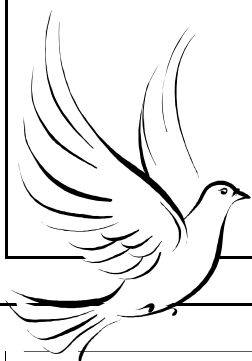


ADVENTURES IN FAITH

NEWSLETTER

Spring/Summer 2012



Adventures in Faith, a Service of the Diocese of Edinburgh

Issue no 12

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For a coloured copy of this newsletter and more details visit www.edinburgh.anglican.org

Points of Interest...

- Seeing and Believing II
- Conference on 1662 Prayer Book
- Borders Pilgrimage
- Dance to the Aramaic Words of Jesus
- Continuing Christian Studies courses
- Labyrinth Quiet Day

EVENTS FOR EVERYONE – COME AND ENJOY!

This year we have a wonderful selection of workshops, quiet days, conferences, retreats, training courses and much more for everyone to enjoy.



The Christian Studies course continues to attract new people and is greatly appreciated by its participants; the Gifford Lectures this year are given by Professor Dairmaid MacCulloch and the post-Gifford discussions with Bishop Brian will be fascinating and challenging; the annual retreat is led this year by the Rt Rev Gordon Mursell, former Bishop of Stafford; Jenny Williams will help us dance to the Aramaic words of Jesus; Di Williams will introduce us to the delights of the spiritual practice of labyrinth walking and Duncan Munro will offer a workshop on the implications of being a charity trustee as a member of Vestry. We also have another Borders Pilgrimage and of course our Haddington Conference - both essential for everyone!



Do have a look through this newsletter and book up early to avoid disappointment.

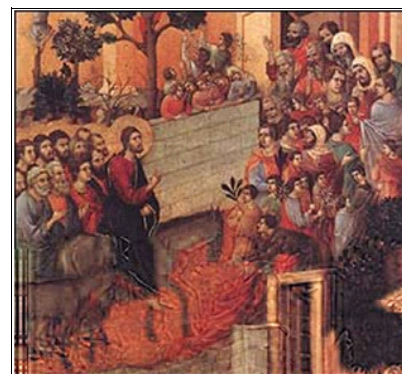


Elsbeth Strachan, Ministry Development Officer

Seeing and Believing II: The Art of Holy Week

**Triumphal Entry to Deposition
with
Rev Canon Anne Dyer**

In the four sessions we will look at the art of Holy Week, exploring what artists have done with the gospel narratives.



Thursdays 16 February, 1 March,
15 March, 29 March,
2–4.30pm
Royal Overseas Club,
100 Princes Street, Edinburgh
Cost £25

The course will include gallery visits to the National Gallery.

To book any event please fill in the booking form on BACK PAGE, unless otherwise stated

Diocese of Edinburgh Retreat 2012

Led by
**The Right Rev
Gordon Mursell**



Whitchester
Retreat House
8-11 May
for clergy & licensed
lay ministers
11-13 May
for all

The Right Rev
Gordon Mursell
is former Bishop of
Stafford and an
author. His recent
books include
English Spirituality
and
Praying in Exile



0131 538 7033
more info & to book

FAITH & GROWTH



GIFFORD LECTURES 2012

Professor Diarmaid MacCulloch

'Holmes' Dog: Silence in the History of the Church'

23, 24, 26, 30 April; 1,3 May 2012 at 5.30pm
St Cecilia's Hall, Cowgate, Edinburgh EH1 1NQ

In response to the Gifford Lecture

Adventures in Faith and Edinburgh University Chaplaincy Centre
invite you to a Post-Gifford Lecture Discussion

chaired by **The Rt Rev Brian Smith**

Thursday 3 May at 7.30pm

Edinburgh University Chaplaincy Centre, 1 Bristo Square, EH8 9AL

Wine and nibbles will be served

To book a place at the Gifford Lecture phone the University on 0131 651 3166

"ENTRUSTED TO GOVERN"

A day workshop for Vestries with Rev Duncan Munro

Holy Trinity Centre, Haddington

Saturday, 17th March, 10.30 – 3.30 Cost: £5

For many of us, being elected or appointed as a charity trustee or member of a Vestry or church council can be a daunting prospect, especially if there is no process of training or induction. The introduction of the Scottish Charities Act and the appointment of a Charities Regulator have added to the demands of the role by clearly defining what is required of charity trustees. Those who have served on a church council or charity Board will also have experienced some of the challenges of working together for a common good. Whether you are an experienced Vestry member or charity trustee, or regard yourself as a novice, this day will hopefully enable you to come away feeling more confident in your role. The programme will include opportunity for discussion as well as individual and group-work sessions in addition to presentations on each main topic.

Session 1 will examine the role of governance and its relationship to leadership and management. We shall also consider whether there are any specifically Christian insights into the way governance is or should be practised. Anyone elected or appointed to serve on a Vestry or Church Council is also required to become a charity trustee and fulfil the statutory duties defined by the Scottish Charities and Trustee Investment Act (2005). In **Session 2**, we shall look at the role of a charity trustee and the duties that the role entails. In **Session 3** we shall look more specifically at the role and responsibilities of Vestry/Church Council from a church perspective. These are defined by the Canons of the Church. We shall look at the legal framework but also consider the wider question of the role of governance in relation to the ministry and mission of the local church. **Session 4** will highlight the hallmarks which identify an effective governing Board/Council and consider steps that we might take to develop the effectiveness of our Vestry/Council and our own contribution as a Vestry member.

Duncan Munro, an ordained priest, has worked in parish ministry, education, industry and management consultancy as well as being a Director and Trustee of a number of charities.

To book any event please fill in the booking form on BACK PAGE, unless otherwise stated

FAITH & GROWTH



Christian Studies in the Diocese of Edinburgh

“Old Testament Texts and Contexts”

A fortnightly course facilitated by
Julia Snyder and Kurtis Peters
Tuesday 17 January – Tuesday 27 March
7.30 – 9.30pm Cost £15

This facilitated adult learning course has been very popular in the past few years and is an excellent way of studying the Christian faith at university level. This spring participants will study selected Old Testament texts together, examining their historical, geographical, and cultural backgrounds in order to understand better what they had to say to ancient readers, and to us today. No assignments are required for this non-certificated course, which is open to all.

The course will be held in the Diocesan Centre, 21a Grosvenor Crescent, EH12 5EL



Peace and Quiet - Stillness of Body, Mind and Spirit in the Busy World: Inspired by the Lives and Teachings of the Desert Fathers and Mothers of the Middle Eastern spiritual traditions.

Facilitator: Rev Prof Stephen G Wright, University of Cumbria, Carlisle.
 Venue: Mull Room, The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB.
 Dates: Saturday 3 - Sunday 4 March 2012.
 Time: Registration: 9.30am-10am. Retreat Days: 10am-4.30pm.

This two-day retreat will take us deeper into what it is to experience inner peace. Drawing inspiration from the Middle Eastern Spiritual Traditions of the Desert Fathers and Mothers, we will explore ways to become more still in body and mind, how to keep our hearts open, how to listen more deeply to ourselves and each other and to the "still small voice" within. Over the two days we will have an opportunity to draw upon our own experiences, the wisdom of the contemplative tradition, and many different reflective and meditative practices from different spiritualities. Bringing peace to our work, relationships and to the world begins first with knowing inner peace; our weekend together will take us deeper into that peaceful place. Ideally, it would be best if participants could commit to attending both days as the weekend will have a retreat quality to it, but the weekend will be structured to allow those who can only attend for one day to participate as well.

Stephen works as a spiritual director for the Sacred Space Foundation helping those in spiritual crisis and guiding spiritual seekers. Before this he had a long and distinguished history in academia and in the British National Health Service. He is an active Trustee of several charities and an Associate Member of the Iona Community. He works with organisations developing the practice of healing, spiritual care, conflict resolution and staff support. He is an ordained interfaith minister and spiritual director and brings a rich experience of spiritual practice from many faiths to his work. His recent published works include songs, chants, dances, poetry and prose influenced by his primary spiritual practice of the Contemplative Way.

Cost: £80 (both days), £40 (per day). For a Registration Form: Contact: Neill Walker, sp2012@hotmail.co.uk, 0131 331 4469.

The Eucharistic Tradition in Scottish Episcopacy

Three talks by the
Rev Douglas Kornahrens

Monday 7, 14, 21 May
 2.00 pm—3.30 pm
 Diocesan Centre
 21a Grosvenor Crescent
 Edinburgh EH12 5EL
 Cost: £10/£5



These three talks will take a look at the historic Eucharistic doctrine of the Scottish Episcopal Church. Unlike the other Churches of the Anglican Communion, Scottish Episcopacy has held to a particular tradition of Eucharistic doctrine from the early 17th century, in theory, up to this day, but in practice until the mid to late 19th century. These talks will explore the content of the doctrine, and its historical context. The talks will be accessible to all; they are not intended for the theologically minded only.

'Retreat in Daily Life'

Come and find space and light in the midwinter days.

Thurs 26th Jan to
Thurs 2nd Feb,
opening and closing at
St Philips Church,
Canonmills.

Five individual meetings with a prayer guide over the week at times to suit you.

Flier and more info from Elizabeth White on reflectivespaces@yahoo.co.uk or 0131 552 4102.

Passion Walk | 2011

from what perspective do you view Jesus?

The Passion Walk

An urban pilgrimage for Holy Week

An invitation to walk the journey of Jesus' Passion in the streets of Edinburgh, to meditate on Jesus' Easter journey in the city where you live. You will be able to walk in your own time, at your own pace with reflective materials in booklet form or as a podcast. The walk will start and finish in central Edinburgh within easy reach of public transport links.

There will be a suggested donation towards costs.

If you would like more information, please email us on edinburghpassionwalk@yahoo.co.uk.

We are also developing our website on www.passionwalk.com

FAITH AND GROWTH

EPIPHANY GROUP

rooted in the Ignatian tradition

'Six Days' - A series of 6 Saturdays through the year offered by the Epiphany Group at Christ Church, Holy Corner.

Next upcoming on 4 February 10am— 4pm: Faith Journey Transitions

As we change, or our faith community changes, disagreements can arise. Do faith development theories help us with the inevitable conflict that can arise as we change and others don't like it, our faith community changes and we don't like it, or some combination of these? We will explore tools to enable us to embrace changes in our faith development as gifts to our journey with the potential for transformative insights and experiences, as well as how we pray through these transitions. With Dr Eolene Boyd-MacMillan, practical theologian, counsellor (adults and children), spiritual director, researcher and author. For full flier of all events in this series and booking contact clairestarr@talk21.com or see www.epiphanygroup.org.uk

Individually Guided Retreats at Emmaus House:

An individually guided Ignatian retreat at Emmaus House, to be led by members of the Epiphany Group, is being planned for the week beginning 12th February (7 nights). Cost is £385 (ie £55 per night including all meals and one daily session of spiritual direction). Individual retreats can also be arranged at other times throughout the year.

For enquiries, please contact the house by telephone (0131 228 1066)



SpAcE

Spiritual Accompaniment Extension

At Emmaus House, 14 Gilmour place, Edinburgh

(SpAcE) is an oasis of reflection and learning for anyone who walks as a companion to others in the unfolding of their spiritual journey. In the morning, there will be input, reflection and discussion. The afternoon session will be around personal and spiritual development, and practice reflection. It is possible to come for full day or for the morning session. Tea and coffee will be provided. Please bring your own lunch.

Cost: £15 morning - £25 whole day: 10.00am – 1.00pm & 2.00pm - 4.00pm

Monday, 6th February **Hospitality** – *this ancient and intrinsic virtue has been characteristic of Spiritual Accompaniment since the Desert Fathers, taken forward by Benedict, and fundamental to this ministry today. We look at how we become space for hospitality*

Monday, 5th March **Metanoia** – *in this season of Lent, we focus on the attitude of change in the heart of one who accompanies others on the spiritual journey*

Monday, 2nd April **The Call to Holiness** – *as we begin the holiest week of the church's year, we look at what the call to holiness and wholeness means for us today*

Monday, 7th May **The Dream Catcher** – *God and we and our companions are dreamers. Dreams can be a source of wisdom, challenge and consolation in Spiritual Accompaniment.*

Monday, 4th June **Shabbat** – *looking toward the time of rest and restoration, we think about the important meaning of the sense of Sabbath for those who work in Spiritual Accompaniment*

For more information, and to reserve a place, please contact Thérèse McHugh-Pratt: therese@stillpoint.org.uk 0782 855 1747 or Emmaus House, info@emmaushouse-edinburgh.co.uk 0131 228 1066

To book any event please fill in the booking form on BACK PAGE, unless otherwise stated

SPIRITUALITY

Two events with Rev Jenny Williams

Discovering the Healing Sounds of Aramaic

21 Grosvenor Crescent
Saturday 10 March
2pm - 6pm

An afternoon praying with the sound, movement and rhythm of the Lord's Prayer in Aramaic.

Tea and coffee provided

Contributions £10 - £20 Numbers limited, so please book

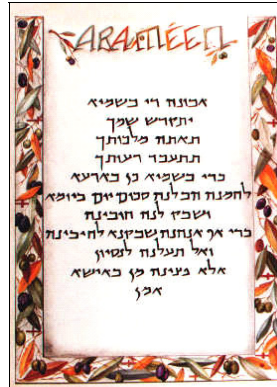
Moving our Bodies and Hearts in Rhythm with Jesus

St Philip's Church,
Canonmills
April 21st
10.00 - 4.00pm

Come and learn some of the words Jesus spoke when he gave the disciples his prayer. Discuss how breath and heartbeat can support our closeness to God and is a strong component of Jesus' teaching. Much of this day is actually moving and learning ways of praying that help us embody our faith, with singing.

Bring lunch to share. Tea and coffee provided

Contributions £15 - £30 Numbers limited, so please book



Progressive Christian Network Scotland

We meet in the Cluny Centre on Braid Road, Edinburgh, which has on-street parking, and is also accessible by bus to Morningside Station. Meetings are on the last Monday of the month, begin at 7.30 and finish at 9.30 p.m. Average attendance at the present is between twenty and twenty-four. All are welcome.

Recent news...

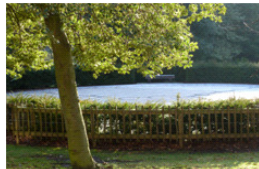
In October, our facilitator was Robin Shohet, a Jewish psychotherapist, who helped us to focus on the ways in which we create 'otherness' as a way of protecting our ego. He underlined the qualities common to humanity – fear, need to be loved, need for meaning etc, and stressed the aim of growing towards unconditional love, as being closest to the example set by Jesus....

Future meetings are:
30th Jan – The Golden Rule and the Charter for Compassion, led by George Haskell
27th Feb – A conversation Dinner with invited guests
26th March – 'What is Spirituality?' An in-house discussion.

All are – as always – welcome at the Cluny Centre on Braid Road from 7.30 until 9.30. Coffee from 7.15

Further information from
mary.mcmahon@btinternet.com

The Spiritual Practice of Labyrinth Walking



Saturday 24 March 10.30am-3.30pm
(Gather at the Chaplaincy Centre, 1Bristo Square EH8 9AL)
Cost £20, including tea and coffee

The labyrinth is an ancient spiritual tool used by the medieval church as an aid to prayer. Now in the 21st century, we are rediscovering walking the sacred path of the labyrinth to support our own spiritual reflection and journey of faith. The day will include

- ◆ an introduction to labyrinths and the practice of walking them
- ◆ opportunity to walk the beautiful Edinburgh Labyrinth, a replica of the medieval Chartres Labyrinth in Chartres Cathedral, France
- ◆ time to reflect on the experience through quietness & in small group participation

The day is led by Rev Di Williams, retreat leader, writer, UK's only Labyrinth Master Teacher & Advanced Facilitator.

Visit: www.diwilliams.com

To book any event please fill in the booking form on BACK PAGE, unless otherwise stated



ST MARK'S GOSPEL

Gospel Workshop

Saturday 21st April

Led by

Rev Canon Dr
Mark Harris

21A Grosvenor
Crescent, Edinburgh,
10.30-12.30

A study morning for all
those interested in
exploring the broad
themes of this year's
gospel



There is a small
room available for
hire for
**Spiritual Direction,
Counselling etc**
at the cost of
£5 per hour
in Emmaus House
14 Gilmour Place,
Edinburgh
EH3 9NQ

DISCIPLESHIP



Faith in Older People,

**present a one-day workshop on
Creative Communication**

Finding ways to connect with people with
dementia.

24th February 2012

10.00 – 4pm

Royal Scots Club, Abercromby Place , Edinburgh

£65

Presented by John Killick and Kate Allan

This workshop will be similar to one earlier this year but with an emphasis on the practical. Further information and registration can be made through info@fiop.org.uk Contact Maureen O'Neill or Jean Myers



An Emmaus Journey

at

Emmaus House, 145 Gilmour Place, Edinburgh
*A series of spiritual and personal development
workshops on the theme of 'Journey'*

Offering: Space for prayer; Focussed reflection; Discussion;
guided meditation

Each session follows a theme and a pattern, but could stand
alone. Come to as many or as few as you are able

Mondays 9.30am – 1.00pm

Cost: £15 per session

Jan 23
Feb 20
Mar 26
Apr 16
May 21
June 18

Embarkation Point: Starting out and taking stock
Maps: directions, terrain, and pathways
Signposts: choices and guidelines
Diversions: upsets and accidents
Companions on the journey: inspirations & detractors
Destination and onward Journey: into the
community – how and where

For more information, and to reserve a place, please contact
Thérèse McHugh-Pratt therese@stillpoint.org.uk or 0782 855 1747

or Emmaus House, info@emmaushouse-edinburgh.co.uk 0131 228 1066

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DISCIPLESHIP

Pat Banfill,
Pastoral Assistant at
St Mungo's Balerno writes...

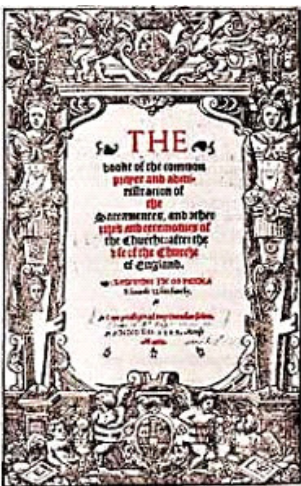


In our new Diocesan Website there is a wealth of information about who, what, when and where anything is happening, developing, or being dreamed of in the Diocese. It contains stuff that anyone who is already part of the church would want to know, plus it is very accessible to people

who are trying to find out about what's going on and how they could take part.

If you haven't looked at it yet, I suggest that you go and spend a few moments clicking round it. Most of us will find something new that we didn't know already, and the pictures are fun too. How many of you have looked at the section on Evangelism and Church Growth?

Do let the Diocesan office know if you need to know any more, and they will put you in touch with someone who can help and also let them know if you've anything to add to this section. It's really helpful to have examples of initiatives that have worked from around the diocese. Do remember to keep on looking at the website regularly, as there are more entries planned and you'll also need to keep up with what's going on each week. Pat.banfill@stmungos.org 0131 449 9901.



1662 and All That

**A conference occasioned by the
350th Anniversary of
The Book of Common Prayer 1662**

Saturday 25 February 2012

**Holy Trinity Church, Church Street
Haddington
EH41 3EX**

10.00am—4.00pm

Cost £7.50/£5.00

The 350th anniversary of the 1662 Book of Common Prayer will be marked throughout the land in 2012, three-and-a-half centuries after it was introduced.

Here in the Diocese of Edinburgh we will hold a conference in historic Haddington to celebrate this anniversary. It will look back at the history of liturgy in the Scottish Episcopal Church and the influence of the Book of Common Prayer over the years and also forwards to how we pray and use liturgy today and our hopes for the future. Please mark the date in your diary and plan to bring a car-load!

To book any event please fill in the booking form on BACK PAGE, unless otherwise stated

EMMAUS HOUSE



14 Gilmore Place
Edinburgh EH3 9NQ

Tel: 0131 228 1066
e-mail:
info@emmaushouse-edinburgh.co.uk

website: www.emmaushouse-edinburgh.co.uk

Emmaus House is home to an inclusive Christian Community, offering accommodation for personal or group retreats, holiday (bed and breakfast), spiritual direction & life coaching. We offer a warm welcome, irrespective of age, gender, marital status, sexual orientation or religious tradition.

Weekly Programme:

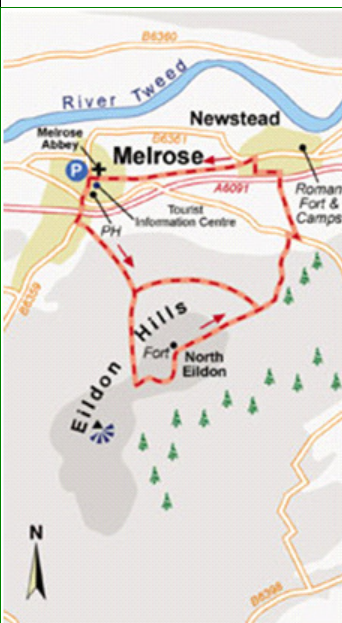
Tuesdays: 12noon
Franciscan Midday
Office, followed by
lunch

Fridays: 6.30pm
Eucharist followed by
supper and study
("Benedict's Way", by
Dan Homan and
Lonni Pratt)

DIOCESAN BORDERS PILGRIMAGE

DIOCESAN PILGRIMAGE FROM MELROSE ABBEY

**SATURDAY
5 MAY 2012**



This will be our third Diocesan Borders Pilgrimage. This time, a circular walk round the beautiful Eildons, beginning and ending at Melrose Abbey. Apart from the beauty and inspiration of the walk, hopefully it will also be a chance to meet our new Bishop!

Most paths are off the road, transport is easy and the company will be excellent. So put the date in your diary.

More details will follow, but please let the office know if you or your walking group are interested:

0131 538 7033
adventures@dioceseofedinburgh.org



'Adventures in Faith' Booking Form 2011/12

Name.....

Address.....

Post Code.....

Tel. No.....Email.....

I wish to book for the following events and I enclose a cheque for £.....

Course/ event name.....

Cost.....(make cheques payable to Edinburgh Diocesan Synod)

Date/s.....

Venue/s.....

I do not wish to be put on the Adventures in Faith mailing list (please tick if appropriate)

Please send your completed form to: Elspeth Strachan, *Adventures in Faith*, Edinburgh Diocesan Centre, 21a Grosvenor Crescent, Edinburgh EH12 5EL Email: adventures@dioceseofedinburgh.org

Tel 0131 538 7033 for more details or visit www.edinburgh.anglican.org